

en·gage

to involve oneself or become occupied; participate: *engage in conversation*

SUNDAY, NOVEMBER 15, 2009

"ENEMY OF THE STATE OF MIND" PART 3 OF 4

ENEMY of the State of Mind

SERMON TITLE: "Guilt"

MAIN POINT/PASSAGE

- ▶ *Nothing you have done is too big for what Jesus did on the cross.*
- ▶ John 8:1-11

SERMON REVIEW

- ▶ What insight, principle, or observation from Sunday did you find to be the most helpful, eye-opening, or troubling? Explain.

DISCUSSION QUESTIONS

- ▶ Have you ever taken God's grace for granted?
 - If no, then how do you express your gratitude for His grace?
 - If yes, then explain how and why you take it for granted.
- ▶ Have you received forgiveness from someone that you've hurt? How did that make you feel?
- ▶ Why is it difficult for people to let go of past mistakes?
- ▶ Is there a past sin that has caused guilt in your life?
- ▶ Are there past sins that other people hold over you, thus making it difficult for you to be guilt free?
- ▶ Is there someone you need to forgive, so that they can get rid of guilt?

DIGGING DEEPER

- ▶ Read Psalm 130
- ▶ What disrupted the writer's relationship with God?
- ▶ How does forgiveness lead to revering God (v.4)?
- ▶ With what attitude does the writer await forgiveness? God's attitude?

APPLICATION

- ▶ Group exercise:
 - Have each person write down something that they've been struggling with for a long time on a piece of paper.
 - Place a garbage can in the middle of your group.
 - One at a time, have each person pray (silently or out loud) for forgiveness. As a symbol of forgetting your past sins, throw the piece of paper in the garbage. Then the next person can go.
 - After everyone has finished, as the leader, pray a prayer of thankfulness to Christ for what He has done in forgiving and forgetting all sin.

Personal Prayers

1. Start your small group time off with prayer.
2. Ask for personal prayer request. In other words, have group members share request about them, not friends or family members.
3. Do the same for praises.

Impact List

Have 2-3 people share about people from their impact list.

1. What is the next step in their friendship with that person?
2. How can your small group pray for them?

Close to God

1. Have 2-3 people share what is happening in their "Close to God" time.
2. How have they grown closer to God?
3. How can your small group pray for them?

